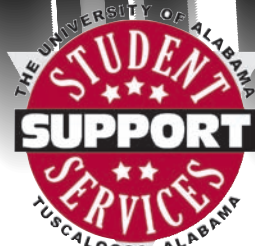


# The Student Supporter



Student Support Services • 225 Osband Hall  
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A unit of the Center for  
Teaching and Learning

July/August 2008

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## Upcoming Dates to Remember

**July 7** – Registration for second half of session (tuition payment deadline)

**July 8** – Classes Begin

**July 9** – Last day to register or add a course  
Last day to drop a course WITHOUT a grade of "W"

**July 11** – Last day to drop a course with a grade of "W" (full-term courses)

**July 25** – Last day to drop a course with a grade of "W" (second session courses)

**August 6** – Classes End

**August 7-8** – Final Examinations

**August 9** – Commencement

**August 19** – Late Registration/add/drop

**August 20** – Classes Begin

**August 27** – Last day to register or add a course  
Last day to drop a course WITHOUT a grade of "W"

## A SUCCESSFUL START

Nothing pleases me more than to say "Welcome" and "Welcome back" to our new and returning students respectively. As the summer season winds down and we begin to embrace another exciting fall semester, please know the Student Support Services team is eagerly awaiting your arrival. We're here to help you get off to a successful start!

While people define success in different ways, successful students do share some important characteristics. Some of these include: having a positive image of themselves, being aware of their strengths and weaknesses, knowing what they want and having a plan and setting realistic goals to achieve it, being able to adjust to challenges and changes, and knowing how to find and utilize resources and support as needed. Based on your choice of and admission to The University of Alabama, you most likely already possess some of these important characteristics. Whether you are at the beginning, middle, or end of your career as a student at UA, the Student Support Services team is prepared to help you grow intellectually. We know that a well-rounded education will expand life's possibilities for you!

As you read other articles in this edition of our newsletter, take the time to notice the multitude of services being offered by SSS as well as the amazing accomplishments of some of our current students. Reflect on how you will use this information to motivate yourself to be the best you can be, and at the same time, enjoy your college experience. Your positive attitude and a successful start this fall will go a long way in helping you reach your goals as a college student. Let SSS guide you!

Wendy Cogburn  
Manager, Student Support Services



SSS Staff

Chris Lee, Cynthia Tucker, Wendy Cogburn, Dianne Teague, Anthony Winston

## ACADEMIC ACHIEVERS FOR SPRING 2008

We are proud to announce our SSS academic stars from the 2008 spring semester.

### Cumulative UA GPA of 4.0

Randy Beavers  
XueZhi Chen  
Iesha Ellerbe  
Adrienne Farris  
Lynnette Moats  
Candice Mock  
Charles Myers  
Jacquelynn Parks

### Cumulative UA GPA of 3.0 or Above

Tiffany Bailey  
Ebony Bates  
D'Ariel Boykin  
Ashley Brand  
Karis Browder  
Christina Bryant  
Alesha Cannon  
Brandon Carr  
Monica Carter  
Matthew Clem  
Chrishauna Colbert  
Regina Crenshaw

Tennille Daniels  
Bobby Davis  
Kristy Dubose  
Crystal Ellis  
Jennifer Files  
Ciara Fitts  
Chantel Foxhall  
Joy Garnett  
Katrice Gilder  
Sarah Halliday  
Brian Hamilton  
Robert Harris

Shanna Hayes  
Joshua Hollis  
Laterrian Hudson  
Whitney Jones  
John Leverton  
Amanda Lynd  
Joshua Maddox  
Selena Mason  
Sade Mays  
Ronnie McCoy  
Shauna McDaniel  
Amber Miles

Kimkeisha Mitchell  
Milton Nettles  
Andrea Passwater  
Nilam Patel  
Stephanie Perkins  
Ellis Ponder  
Latrisa Pugh  
Keith Saint  
Erin Shirley  
Nichole Smith  
Shaniquah Stephens  
Yoshanda Taylor

Johnny Tice  
Belinda White  
April Whitfield  
Vanessa Williams  
Tiffany Williams  
Lawrence Wilson  
Clayton Wilson  
Vonquesha Winn  
Micah Wright  
Joseph Wright  
Emily Yerby  
Justin Zimmerman

## Degrees Awarded to Record Number of SSS Participants

Student Support Services recognizes the following SSS participants who graduated in May 2008 and extends warmest congratulations to them. Best wishes for a bright and successful future!

Ebony Bates	Whitney Jones
Quovadis Berry	Lynnette Moats
Stephen Brooks	Stephanie Perkins
Kirema Brown	Nash Petusky
Kenesia Cade	Nichole Smith
Crystal Ellis	Terrion Talley
Jennifer Files	Eldrick Tate
Katrice Gilder	Melvin Thompson
Marvin Goodman	Tiffany Williams
Brian Hamilton	Lawrence Wilson
Monique Horn	Micah Wright



### **“NOT JUST FOR THE MONEY” DR. STACY L. JONES – FROM SSS STUDENT TO UA DIRECTOR OF STUDENT DEVELOPMENT**

When Stacy Jones came to the University of Alabama as an undergraduate in the mid 80s, she had no idea she would someday be a key figure in the lives of so many other UA undergraduates. Today Dr. Jones is in a position to affect the academic and personal outcomes of countless students in her position as Director of Student Development in the Office of the Dean of Students. She believes in giving back, in connections, in relationships.

As a freshman at UA, Stacy discovered that her grades were slipping and perhaps her choice of majors needed reconsidering and that most of all, she needed some guidance. Fortunately, her aunt Wanda Eaton, UA alumna, had been in Student Support Services and advised her to investigate. Stacy says that Dr. Ruby Fitts, who headed up SSS at that time, and Cathy Dickey, her counselor, made an enormous difference in her life by giving her the academic support she needed to get on track, but more than that, they taught her life lessons.



They put her in touch with key individuals on campus who would ultimately become her mentors, friends, and colleagues. Through SSS Stacy found employment, a support system, and she learned the value of networking. A communication major, Stacy also found a friend and mentor in Dwight Cameron, Program Director for the Center for Public Television, who urged her to investigate, not his field of study, but that of advertising and graphic design, which ultimately became the major in which she earned her bachelor's degree.

Like many young people just out of an undergraduate program, Stacy was ready to join the workforce and begin earning money—her degree was quickly put to use when she was hired by The Tuscaloosa News shortly after graduation. But something was missing. Stacy soon realized that just earning a paycheck was not enough for her. She wanted her career to be about more than just the money. Although The News gave her the opportunity to refine and develop her computer skills, she found herself seeking fulfillment beyond her job. Her church, which had always had a strong community outreach program, afforded her the chance to help build a tutoring program there, and it was not long before she was volunteering with the Boys and Girls Club of Tuscaloosa County. When an opening for the directorship in the Delaware-Jackson Branch of the Boys and Girls Club came about, Stacy applied, was hired, and given free rein to develop the program as she saw fit. With only an operations manual in her hand she set out to enrich and sustain the lives of all her young charges by developing an initiative she called “Discover Tuscaloosa.” Realizing the enrichment opportunities in Tuscaloosa, she introduced the youngsters to the Children’s Hands-on Museum (CHOM), the art collection that lined the halls of Gulf State Paper Products Headquarters (currently housed at the Westervelt Warner Museum), and other nearby attractions of which they were unaware. But the Boys and Girls Club was not her final destination. Returning to the University, Stacy joined the Office of Student Media. In fact, she was the first African-American to hold a professional position on their staff.

During this time, she underwent a series of life changes, both personal and professional—her work with Student Media led her to begin seriously considering a master's degree. It wasn't long before Stacy found herself being advised by Dr. Albert Miles in Higher Education Administration who not only outlined her master's program for her, but drafted a doctoral program as well. Although she was working full-time, Stacy completed her master's degree in two years and jumped right into her doctoral program. After completing her master's degree she accepted the position in the Office of the Dean of Students, and this past year, she was awarded the degree of Doctor of Education from The University of Alabama.

As a committed professional, Dr. Stacy Jones is also deeply involved with her community—she mentors college-age women through her involvement with the Leading Edge Institute, Incorporated (LEI) which enhances and develops leadership skills in college-age women; she also serves on the Board of Directors of LEI, where her role is to work with the Program Director in the coordination of assessment and curriculum development for this intensive leadership program; she serves on the Board of Directors for the National Society of Collegiate Scholars; she represents the National Pan-Hellenic Council as an Assessment Team Member for the National Fraternity & Sorority Coalition Assessment Project; she is a sought-after motivational speaker; and the list goes on. As a graduate of the 2007 Class of Leadership Tuscaloosa, a dynamic program designed to help the Tuscaloosa County area reach its full potential, she is well-prepared to invest herself even more thoroughly in giving back to her community.

From her early days as a student at the University and as a participant in Student Support Services, Dr. Stacy Jones learned that the best way to help students is to seek them out, be there for them, and make it better for them than it was for her. As Director of Student Development at The University of Alabama she has found a way to do that every day.

## August 2008 Degree Candidates Announced

The following students have filed their Applications for Degree, indicating their intent to graduate in August 2008.

Sikeria Caldwell	Kim Goldsby
Reginald Crenshaw	Adrian Harris
Elaine Dallas	Shermika Royal
Bobby Davis	Lacye Taylor
Chantel Foxhall	April Whitfield
Joy Garnett	Tangela Williams



## COMPLETE YOUR STRATEGY SESSION EARLY

The **deadline** to complete all Strategy Sessions is September 26! Contact your counselor **NOW** to book your Strategy Session. Meeting early with your counselor will help you make the best plans possible for academic success in the fall. Call Anthony Winston at 205 348-5376, e-mail [awinston@ctl.ua.edu](mailto:awinston@ctl.ua.edu) or Chris Lee at 205 348-6099, email [clee@ctl.ua.edu](mailto:clee@ctl.ua.edu).

Failure to meet this strict deadline of September 26 will result in an **“administrative hold”** being placed on your record and will disable your registration capability for the upcoming semester. Your ability to have official transcripts sent to other schools or potential employers will also be denied.

Most of all, you owe it to yourself to take advantage of all the services we offer you in SSS, so get in touch with your counselor and begin making plans for the 2008 fall semester NOW!

## SAB BEGINS SEMESTER WITH NEW PRESIDENT

The Student Support Services Student Advisory Board (SAB) will begin fall semester with a new face in the president's seat. Shandryka Cochran, a nursing major from Eufaula, AL, will assume this role. “I have learned a lot since my involvement with SAB and I'm very excited about what the new term will bring. SAB members have worked hard through training and student feedback to continue what we started last year. We really want to see students more involved in SSS and campus activities.” is what Shandryka said when asked her vision for SAB in 08-09.



SAB plans to continue the SSS Leadership Initiative along with new ideas that will help SSS participants have a great college experience. SAB will meet bi-monthly and encourages student input. The role of the Student Support Services Student Advisory Board is to allow student input into the SSS program, its offerings, and events and to provide leadership opportunities for SSS participants.

## SSS FALL 2008 SCHEDULE OF CLASSES

The following courses still have openings for the 2008 fall semester. Remember, as an SSS participant, you take these courses FREE OF CHARGE and receive academic credit for them.



### GS 111-001 (40503) – Academic Skills: College Writing

Lecture Mondays 1:00 p.m. – 1:50 p.m. Osband 230

### GS 111-002 (40508) – Academic Skills: College Writing

Lecture Tuesdays 2:00 p.m. – 2:50 p.m. Osband 230  
Instructor: Dianne Teague

**Course Description:** A one-credit hour course that focuses on problem areas in writing, including development of a thesis, grammar, punctuation, sentence style, and structure.

### GS 111-003 (44608) - Academic Skills: Textbook Reading

Lecture Monday/Wednesday 4:00-4:50 Osband 230

### GS 111-004 (44609) - Academic Skills: Textbook Reading

Lecture Tuesday/Thursday 10:00 – 10:50 Osband 230  
Instructor: Chris Lee

**Course Description:** A two-credit hour course that covers organizing textbook information, developing good note-taking skills, critical thinking techniques, good reading rate and building effective reading and study strategies.

### GS 111-005 (40510) – Academic Skills: College Success

Lecture Tuesdays/Thursdays 1:00 p.m. – 1:50 p.m. Osband 230

### GS 111-006 (40511) – Academic Skills: College Success

Lecture Tuesdays/Thursdays 3:00 p.m. – 3:50 p.m. Osband 230  
Instructor: Anthony Winston

**Course Description:** A two-credit hour course that covers a wide range of topics dealing with subjects from academic lifestyles to money management. The course is a great opportunity to develop practical skills students are familiar with, but rarely use.

### MATH 100-099 (44361) – Intermediate Algebra

Lecture MTWThF (5 days each week) 1:00 p.m. – 1:50 p.m. Osband 226  
Instructor: Nathan Jackson

**Course Description:** A three-hour credit course that focuses on functions, graphs, linear equations and inequalities, quadratic equations, systems of equations, and operations with exponents and radicals. The solution of word problems is stressed. Not applicable to UA Core Curriculum mathematics requirements. Students placed in MATH 100 must complete it as a prerequisite for MATH 110, 112, 115 or any other MA-designated course.

## PEER MENTOR UPDATE

The Peer Mentoring program will be hosting several exciting Arts and Entertainment events this year. There is no admission charge for any of these activities for SSS students, but we will require you to sign up beforehand. We would especially encourage you to attend if you are planning to take TH 114 or MUS 121.

### FALL SEMESTER

*Moon Over Buffalo* - September 23  
Dance Alabama! - September 30  
Alabama Jazz Combo - November 11

### SPRING SEMESTER

Alabama Chamber Jazz - March 5  
Dance Alabama! - March 31  
*Thoroughly Modern Millie* - April 23

## VONQUESHA WINN – STUDENT ACHIEVER FOR JULY

Vonquesha Winn is our Achiever of the month for July. Vonquesha is originally from Livingston, Alabama and attended Livingston High School. During her high school tenure she was a member of the Cougars Marching Band where she played the clarinet. She was also a member of the Honor Society and Upward Bound.



Currently pursuing a degree in Healthcare Management, Vonquesha is a member of the Healthcare Management Society, Sigma Alpha Lambda, and Delta Sigma Pi International Business Fraternity. She first became a member of SSS in fall of 2006 and over this past year she served as an SSS Peer Mentor. After graduation she plans to attend medical school and become a family physician.

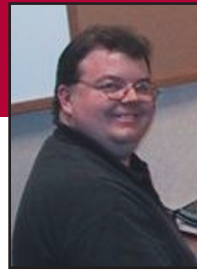
Vonquesha had this to say about her TRIO experience: "I've been a TRIO participant since my sophomore year in high school. The Upward Bound program helped me realize that going to college was possible. Student Support Services has played a major role in my success in college-always there when I need them and helping me believe I can reach my goals."

## DIANA MOORER – STUDENT ACHIEVER FOR AUGUST

Diana Moorer of Mobile, Alabama has been named Student Support Services Achiever for the month of August. Diana is a junior majoring in Psychology. After completing her degree, Diana plans to continue her education and work with at-risk youth. "I think it's important to ensure help is given to our young people, especially in those areas people would prefer to ignore. I get great fulfillment out of giving back to the community. These are my people."



When not attending classes, Diana keeps herself very busy as a volunteer for WVUA television station. She currently works and volunteers as a research assistant. Diana continues to make the Dean's List and says, "I have learned to never take my opportunity for education for granted. There are so many students who wanted to attend UA, but could not come here. If I can give any advice to anyone in school right now, it would be, seek balance. Time is one thing you can never get back."



## CHRIS' CORNER– PREPARING FOR YOUR FIRST TEST

The beginning of the school year is always an exciting time. There are all kinds of fun opportunities and activities. You can reconnect with old friends and make some new friends as well. And for many students that first test will probably be the last thing on their mind, especially if it is scheduled for sometime in October. However, that first test will be here before you know it, and in many cases the grade you make is often an indicator of what your final grade will be in that class.

Good preparation work in the days leading up to the test can make your life much easier and ensure that you will do well. Those who end up waiting until the last minute find themselves in marathon study sessions where the material must be learned under very stressful circumstances. These students often do not eat properly, and do not get a recommended amount of sleep the night before the test. These factors can inhibit cognitive function, and the ability to perform, but this situation can be avoided by taking a proactive approach to your studying.

Throughout the first month of class you should attend class regularly and learn the material on a regular basis. Make it a point to complete all assigned readings before going to class. This will make the lecture easier to follow and will enable you to take better notes. After each class you should then review those notes and highlight any material that wasn't in the readings.

The night before the test it's perfectly okay to spend some time going over your notes, but there shouldn't be a need to pore over it for hours if you have already planned ahead. Get a good night's sleep and stick to your normal routine as much as possible. Good luck and have a great semester.

## WORDS FROM ANTHONY– MAKE GOOD CHOICES



Fall is a time of much excitement. It marks a new beginning. For some, it's the opportunity to start new traditions. For others, it's the opportunity to pursue work already started, moving ever so close to that great day we all dream about—GRADUATION.

Fall is also a time to define and reaffirm who you are and decide in which direction you will go. Whether you are a beginning freshman or graduating senior, opportunities will present themselves daily. I encourage you to MAKE GOOD CHOICES in everything you do. Seek resources. Ask questions. The SSS Team is so excited about you and your future. Call on us to assist you in your college experience. Remember, Opportunity combined with Resources, equals much Success.



**UNLOCK THE DOOR TO SUCCESS WITH SSS!!!!**